



REFLECTIFY

created by Gvantsa
Mezvrishvili and the team of
Creative youth platform



REFLECTIFY is a tool created by Gvantsa Mezvrishvili (Founder of CYP, trainer, youth worker and expert of non-formal education) with support of passionate team of "Creative Youth Platform", who believe in the power of reflection to support personal and professional development. Our team has years of experience delivering and facilitating activities and programs based on non-formal educational principles. We created REFLECTIFY as a tool to enhance the learning experience of participants. To bring a quality in reflection process, non-formal education and life long learning.

REFLECTIFY is intellectual property



REFLECTIFY

Summary

REFLECTIFY is a tool designed to support daily reflections and learning through non-formal education activities. Whether you're participating in training programs, workshops, youth exchanges, youth camps, seminars or other initiatives based on non-formal education principles, REFLECTIFY provides a structured way to reflect on your experiences, thoughts, and feelings.

The tool includes a range of thought-provoking questions that can be used individually, in small groups, or in larger group settings, allowing you to choose the format that best suits your needs. REFLECTIFY also includes explanation cards that provide helpful guidance on topics such as active listening, safe spaces, and creating a positive learning environment. With Reflectify, you can deepen your understanding of the learning process, gain new insights, and build stronger connections with others.

Intro:

Welcome everyone to the world of non-formal education. Throughout the day, you've had the opportunity to participate in a variety of activities and learn new skills and gain new knowledge. Now, as you come together in a larger group or in small groups, you have the chance to think and to reflect on what you've learned and how you've grown.

To help you with this process, we have created the REFLECTIFY, which is designed for daily reflection. The tool contains a deck of question cards that will help to guide you in your reflection and provide you with a space to share our thoughts, feelings, and experiences with one another.

By taking the time to reflect on your learning, you can deepen your understanding of yourselves, your peers, and the world around you.

What this tool contains:

This tool contains a set of 80 cards.

- 62 question cards that prompt reflection after activities based on non-formal educational principles, related to personal growth, self-awareness, and social interactions.
- 3 empty cards, participants can even add their own questions to the deck.
- 6 explanation cards that offer insights on key concepts and provide guidance.
- 6 supporting cards such as role of facilitator, active listening, safe spaces, no judgment and the importance of active participation.
- 3 instruction cards based on the size of the group.

REFLECTIFY provides a structured way to deepen your learning, understanding and engagement with others.